

S1. Start/stop button S2. Lap/reset button S3. Mode button S4. Light button

DISPLAY MODES

The watch has four display modes: HOME TIME (TIME) / FOREIGN TIME (TM-2), HOME TIME ALARM (ALM1) FOREIGN TIME ALARM (ALM2), STOPWATCH (STW) and COUNTDOWN TIMER (TMR).

To change from one display mode to another, press S3 button once. The mode description will appear for two seconds before activating the selected mode.

NOTE: In any setting mode, if there is no manipulation for around 60 seconds, the watch will automatically exit the setting procedure.

HOME AND FOREIGN DISPLAY

To display FOREIGN TIME, press S2 button when HOME TIME is displayed. The mode description (TM-2) will appear shortly before FOREIGN TIME is displayed. To change back to HOME TIME press S2 button To display the daily FOREIGN TIME ALARM, press S2 button when HOME

TIME ALARM is displayed. The mode description (ALM2) will appear shortly before FOREIGN TIME ALARM is displayed. To change back to HOME

TIME ALARM, press S2 button.

TO SET THE TIME AND CALENDAR 1. Press S3 button to select time

- mode 2. Press S2 button to toggle between
- HOME TIME and FOREIGN TIME mode 3. Press and hold S2 button for two
- seconds until the "SET" message appears and the Second digits blink.
- 4. Press S1 button to reset the Second digits to 00.
- 5. Press S3 button, the Minute digits will blink
- Press S1 button once to increase the digits by one unit. Holding down the button will speed up the process.
- . Press S3 button, the Hour digits will hlink
- 8. Press S1 button to set the Hour digits.
- 9. Follow the same pattern to set Date, Month. Day (of the week), hour format and calendar format.
- 10.To set the hour format, press S1 button to toggle between 12-hour and 24-hour format.
- The PM indicator may display to indicate the time in 12-hour format. 1.To set the calendar format, press
- S1 button to toggle between M-D (month-date) and D-M (date-month) format
- 12.After finish making all the settings, press S2 button to confirm the settinas.

NOTE: The chosen hour and calendar formats will apply to both home and foreian settinas.

TO DISPLAY THE CALENDAR

- Press S3 button to select time mode
- 2. Press S1 button to toggle between time display mode and calendar displav

Note: Calendar will be displayed for around six seconds before the watch switches back to time display mode

TO SET THE ALARM TIME

- 1. Press S3 button to select alarm mode
- 2. Press S2 button to toggle between HOME TIME ALARM and FOREIGN TIME ALARM mode
- 3. Press and hold S2 button for two seconds until the "SET" message

- appears and the Minute digits blink. 4. Press S1 button once to increase the digits by one unit. Holding down the button will speed up the process.
- 5. Press S3 button, the Hour digits will blink
- . Press S1 button to set the Hour diaits. . After finish making all the settings,
- press S2 button to confirm the settings.

TO TURN ON/OFF THE ALARM AND HOURLY CHIME

- In alarm mode
- 1. Press S2 button to toggle between HOME TIME ALARM and FOREIGN
- TIME ALARM mode.
 - Press S1 button once to activate the daily alarm. Alarm indicator
- (ALT) (ALZ) will appear. . Press again to activate the hourly
- chime. Chime indicator 🕥 will annear
- . Press the third time to activate both functions. Both of the indicators will appear.
- . Press the fourth time to deactivate both functions. Both of the indicators will disappear.

WHEN AN ALARM OR HOURLY CHIME GOES OFF

A tune will go off by the hour if the hourly chime function is activated.

A twenty-second alarm tune will be emitted at the designated time when the alarm is activated. To stop the tune. press any button.

To disable the functions, press S3 button to select HOME TIME ALARM or FOREIGN TIME ALARM mode, then press S1 button to turn off the indicator of the function as desired.

TO USE THE STOPWATCH

- For the measurement of elapsed time, 1. Press S3 button to select STOPWATCH mode.
- 2. Press S1 button to start counting.
- 3. To stop counting, press S1 button once. Press S1 button again to
- resume from where it left off. 4. To reset to zero, press S1 button to stop counting and then press S2
- button

For the measurement of split time, 1. Press S3 button to select

STOPWATCH mode.

- 2. Press S1 button to start counting. 3. While the STOPWATCH is running, press S2 button once to register a lap. The STOPWATCH is still running in the background.
- 4. To display the currently accumulated time, press S2 button again.
- 5. Repeat the last step until all the laps have been registered.
- 6. To reset to zero, press S1 button to stop counting and then press S2 buttor

NOTE: You can leave the STOPWATCH running while switching over to other operating modes.

NOTE: The STOPWATCH will count up to 59 minutes and 59 99 seconds before starting from zero again.

TO SET THE TIMER

- 1. Press S3 button to select TIMER mode
- 2. Press S2 button to alter the timer setting among 1, 3, 5, 10, 15, 20, 25, 30, 45 and 60 minutes.

TO USE THE TIMER

- In TIMER mode.
- 1. Press S1 button to start counting. 2. To stop counting, press S1 button once Press S1 button again to resume from where it left off.
- 3. To reset the TIMER, press S1 button to stop counting and then press S2 button.
- 4. After reaching zero on a countdown, a twenty- second beep will be emitted To stop the beeping, press any button, the TIMER will reload automatically.

NOTE: You can leave the TIMER running while switching over to other operating modes.

TO USE THE BACKLIGHT

Press S4 button to turn on the backlight for around three seconds.

TRIM



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